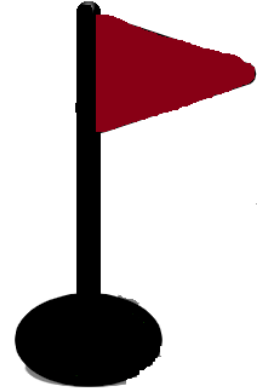


Area Golf, Fitness and Spa



- **Pleasant Ridge Golf Course**
 - 1.4 miles
 - 1518 Pleasant ridge Road, Greensboro, NC 27409
 - 336-668-2413
- **Mustang Fitness & Cross Fit**
 - 3.0 miles
 - 8309 Linville Road, Oak Ridge, NC 27310
 - 336-643-3444
- **Balance Day Spa, High Point**
 - 7.6 miles
 - 5815 Samet Drive, High Point, NC 27265
 - 336-574-2556
- **Greensboro YMCA**
 - 7.7 miles
 - 3216 Horse Pen Creek Road, Greensboro, NC 27410
 - 336-387-9622
- **Oak Hollow Golf Course**
 - 10.6 miles
 - 3400 North Centennial Street, High Point, NC 27265
 - 336-883-3260
- **Balance Day Spa, Greensboro**
 - 11.1 miles
 - 3111 Battleground Avenue, Greensboro, NC 27408
 - 336-574-2556
- **Jamestown Park Golf Course**
 - 12.3 miles
 - 7041 East Fork Road, Jamestown, NC 27282
 - 336-454-4912
- **Yoga Mindset**

- 12.7 miles
- 205 Neal Place, Suite 105, High Point, NC 27262
- 336-643-3444
- Greensboro Aquatic Center (at the Greensboro Coliseum Complex)
 - 12.9 miles
 - 1921 West Gate City Boulevard, Greensboro NC, 27403
 - 336-315-8498
- High Point YMCA
 - 13.3 miles
 - 150 West Hartley Drive, High Point, NC 27265
 - 336-869-0151